

Parent/Guardian Pack 2021

Hello! We are so glad that you have chosen to be a part of the action at Camp Akita this summer. The fact that you are reading this packet indicates that you have already registered your child, and they are ready for a week of fun, learning, and excitement at Camp Akita! We know this last year or so has been difficult for many of our young people, so we are happy to be able to move forward with camp for our 2021 summer season. As you read through this document, please know that the safety of your camper(s) is our priority, and we hope that many of your lingering questions will be answered in the following pages. This Information packet addresses most of how to prepare for camp, our COVID-19 protocols, camp happenings, and should give you a good idea of what to expect. If you have any other questions, we do invite you to call our Camp Akita Summer office at (630) 716-3555.

COVID 19 Protocols are at the end of this document and also highlighted throughout the document.

Our Mission

To build a positive camp environment that intentionally supports the spiritual, relational and physical needs of our campers and staff.

Our Goals

Discover Jesus: To demonstrate that faith in action is fun. God is invited to be a part of all we do at Camp Akita. Through daily worship times and an awareness of God's presence throughout the day, a friendship with Jesus Christ is encouraged.

Cultivate Growth: To help campers develop personal confidence in their ability to learn new skills. To encourage and invite campers to make positive choices about their lifestyle and future, by presenting them with character-building lessons and mentoring them in making positive choices. To strive for a safe environment, where risk is minimized.

Foster Friendship: To encourage healthy relationships and acceptance of others. To provide fun-filled, challenging recreational opportunities for children and youth to grow together as they develop lasting friendships.

About Camp Akita

Camp Akita is a Christian camp, owned and operated by the Illinois Conference of Seventh-day Adventists. Applications are accepted from boys and girls ages 7-17 without regard to race, religion or political view. Camp Akita strives to operate in a

professional way and is held accountable in this goal through its memberships in the AACP (Association of Adventist Camping Professionals), and is accredited by the ACA (American Camp Association).

Outstanding Value

Most camps that compare to Camp Akita charge up to three times as much, yet do not offer a staff/camper ratio of 1 to 4. This is possible because we are not-for-profit and our program is sponsored and subsidized by the Illinois Conference of Seventh-day Adventists. Adventists believe that providing positive Christian experiences for kids is a high priority.

Camper Registration

Please plan to arrive at camp no earlier than 1:30 pm on Sunday. Our registration process begins at 2:00 pm. We expect that full payment be made for each camper prior to their arrival at Camp. Upon arrival at Camp Akita, go to Pine Lodge where you and your camper(s) will be guided through the Check-in process by our Camp Staff. When the week comes to an end, you and your camper(s) will also be guided through the check-out process by the Camp Staff. For more details please see below under COVID 19 protocols and procedures.

Pick-up times

Check-out time for campers is between the hours of 9:00 and 10:00 am on Sunday. We request that every authorized person designated to pick up their child must check-in at the Main Lodge and present a government-issued photo ID before picking up camper. Because your child's safety is our priority, our policy is for campers to leave by the same means they arrived, unless other arrangements have been made.

Bus Transportation

This year campers who live in the Chicago Land area have been blessed with the option of getting free bus transportation to and from camp. This service has been made possible thanks to a partnership between Adventist Health System and the IL Conference of SDA, and we are very thankful! If you have signed up your campers, please check the schedule below for specific times. Please know that due to unforeseen circumstances bus pick up or drop off times may be delayed. We'll do our best to keep you informed through the email and phone number we have on your Ultracamp account. For any questions please contact Stacey DePluzer (630) 716-3555. Please see below under COVID 19 protocols and procedures for other details.

Camp	Location	Pick up 1st Sunday	Drop off last Sunday
Cub, Junior	Hinsdale SDA Church	9:30am	12:15pm
Cub, Junior	Bolingbrook AMITA Hospital	10:15am	11:30am
Tween, Teen I, Teen II	Hinsdale SDA Church	12:30pm	12:15pm
Tween, Teen I, Teen II	Bolingbrook AMITA Hospital	1:00 pm	11:30am

Visiting Camp

We have a closed campus at Camp Akita. What that means, is that we do not allow visitors on the premises unless previously arranged and agreed with the Summer Camp Director. We appreciate your support to Camp Akita. We invite you to visit only during the opening day and closing day of camp. Should you desire to take a camper from camp early, arrangements must be made with the office.

Health Insurance Card

We need a copy of the front and back of your insurance card for each child. To upload your file, first scan the copy or take a picture of the front and back of the card and save it as a .jpg or .pdf file. Log into your account and go to the Additional Options menu. Click "Document Center" in the drop-down menu. Under the Downloadable Forms section, select the "Upload" icon to the right of the Insurance Card link and follow the instructions. You can follow these same instructions to upload immunization records.

Cabin Assignments

During the registration process, you as the parent and/or legal guardian have designated the cabin in which your child will stay. We will do our best to keep him/her in the designated cabin chosen during registration; however, please understand that we hold the right to change the cabin your child has chosen in order to best fit the program. For more details please see below under COVID 19 protocols and procedures.

Camp Store

Campers always enjoy shopping at the camp store. With the help of the friendly staff in the Camp Akita General Store, your camper will have the opportunity to buy things that can accompany the memories they make through the week, as well as basic snacks.

Campers can buy souvenirs to help preserve their memories and help support Camp Akita at the same time. In your Ultracamp account, you can add money for Camp Store use. We recommend \$25-50.

Cell Phones

Please do not send a cell phone to camp with your child, unless it's needed for medical purposes. If your child brings a cell phone to camp he or she will be asked to leave it with the camp office until it is time to return home. In a situation where you need to be contacted or you need to contact us, the camp's business office (630) 716-3555 is your best resource.

Dress Code

As a Christian camp, Camp Akita's dress code falls strongly on the side of modesty and appropriateness. We realize that there can be a great deal of debate over how modesty and appropriateness are defined. Because of this, it is difficult to state exactly what is and isn't appropriate and we ask for your help in selecting appropriate clothing for your camper. Girls should be particularly sensitive and avoid clothes that are revealing. Messages on clothing should not be suggestive nor be offensive, and at no time should we be able to see the underclothing of boys or girls. When in doubt, leave it at home and no questions will be raised. Thanks for packing selectively, including one-piece swimsuits for girls and board shorts for boys. If there is a "dress-code violation" the camper will simply be asked to change his or her clothing to something more suitable. Thank you so much for your help.

What to Bring Packing List:

- Sleeping Bag
- A clean mask for each day at camp
- Pillow
- Everyday Clothes
- Underwear
- Long Pants/J Jeans
- Sweater/Jacket
- Pajamas
- Shoes & Socks
- Flip Flops for shower
- Modest Swimsuit (no two-piece suits for girls or speedos for boys)
- Beach Towel
- Towel & Washcloth
- Soap, Shampoo/Conditioner
- Toothbrush & Toothpaste

- Sunscreen
- Insect Repellent
- Laundry Bag
- Bible
- Flashlight
- Store Money (suggest \$25-50)
- Camera & Film

***Please make sure all personal items have the camper's name on it.
Camp Akita is not responsible for lost or stolen items.***

What Not to Pack

1. Laptops, netbooks, small or portable stereos, MP3 players, iPods, cell phones, and the like. We like our campers to focus on building relationships with new friends rather than isolating themselves with music or cell phone conversations.
2. Jewelry and any other valuable items: due to safety and security issues we request that jewelry be left at home.
3. Fireworks, matches, lighters: flames of all kinds are banned during summer months.
4. Drugs, cigarettes, alcohol.

Lost & Found

Lost and found items are going to be kept for up to two (2) weeks upon the conclusion of your child's camp. At that time, any unclaimed articles of clothing will be donated to charity. Even though Camp Akita is a Christian camp and we expect our guests to respect each other and each other's personal things, Camp Akita is not responsible for lost or stolen items. To help us minimize the possibility of a lost or stolen personal item, please identify it with your child's first and last name.

Health

Please do not bring/send your child to camp if they are sick or have a contagious condition, i.e. fever, pink eye, an infestation of lice, chicken pox, etc. A health professional is on duty 24 hours a day to provide first aid, and to assess and/or refer a camper to more advanced medical care if needed. All medications are to be dispensed by the camp nurse. They should be turned in to the nurse at registration time. For more details please see below under COVID 19 protocols and procedures.

Lice Check

Please be sure to do a lice check on your camper prior to them coming to camp. It's heartbreaking for us and the camper when we have to send someone home due to finding lice during our routine lice check during registration.

Homesickness

So far Camp Akita has had a high success rate in identifying the "missing home syndrome" and helping campers readjusting to the camp's programs. However, here are four (4) things we have learned over the years:

1. By watching for early signs of discomfort, homesickness is usually avoidable.
2. Once parents are out of sight, counselors and other campers come into focus and the fun starts.
3. Parents are usually more uneasy about leaving their children than the children are about leaving their parents. Many parents have found that they can prevent homesickness by encouraging their children to spend a night or two away from home before camp starts.
4. Calling home and/or calling from home generally does not help. Our staff will assess the need to call home on a case by case basis. When you call your child at camp, it often hinders their adaptability to the camp's program and schedule. Parents, please resist the temptation to call your child at camp.

Parents Emergency Contact

In the event that your child needs medical care, the camp nurse or camp director will contact you if the child has been in the sick bay for more than 24 hours or if it is deemed that the child must visit the local emergency room.

Mail

Camper mail is delivered to and picked up from Camp Akita daily; UPS, FedEx, and other carriers also service the camp. Address camper letters and packages to:

(Camper's Name)
Camp Akita
1684 Knox Rd 1200 N
Gilson, IL 61436-9430

Please do not send more food than 8-10 cabin members can eat in one sitting (without getting a tummy ache!) Please do not send candy. Also, if you would like to send your

child or loved one a care package via USPS, please send it a day or two prior to their arrival at camp to assure that they receive it during the week.

E-mail

We understand that being away from your child may raise your level of anxiety because of being separated from him or her. We welcome and encourage you as a parent to write to your son or daughter to express how much you love them and miss them. You can do so through your Ultracamp account, on the "email your camper" tab, give us a call if you need help finding that tab.

Medical Expense Coverage

Each camper is covered under a conference-sponsored camp accident medical insurance through AIG Life. The plan has coverage for covered medical expenses incurred as a result of bodily injury sustained by a camper while participating in a scheduled activity sponsored by Camp Akita up to \$5,000. There is also AD&D up to \$7,500 and catastrophic loss up to \$50,000. There is a \$25 deductible per occurrence. Anything above that amount will be covered by parents' insurance. The plan document, which lists the provisions and exclusions, is available from the Illinois Conference Risk Management Department. If a camper becomes ill on their own and needs to see a physician, the parents' health insurance will cover the charges.

Campfire: Evening Worship

Every evening your child will participate in the campfire worship with their cabin mates. Campers will sit back and relax as energetic staff put on a memorable program that creatively presents a character-building lesson. This is often their favorite part of camp. Campfire begins with the singing of Camp Akita favorites, old and new songs that campers take home with them when the week is over. The night is capped off with a character building play that displays the grand talents of the Camp Akita staff. Campfire is a fun-filled, positive worship experience for all campers and will provide great memories of their week of camp.

Teen Camp

A highlight for teen campers is the Teen Banquet during the weeks of Teen Camp. Campers will enjoy a dinner that coordinates with a special theme. The 2021 theme is "Christmas in July" with semi-formal attire. During dinner, campers will enjoy fun wholesome entertainment provided by the staff as well as games and other fun. The evening will be topped off with a special campfire program.

Meals

Your camper will enjoy three healthy meals each day during his/her stay at Camp Akita. Meals served are vegetarian, but do include eggs, cheese, and dairy products. Nutritional balance is always considered and special requests for allergies can be accommodated. If your child is allergic to any food substance, please indicate that on his/her health form.

Breakfast	Lunch	Supper
French Toast	Spaghetti	Bean & Cheese Burritos
Canned Peaches	Marinara Sauce	Sour Cream & Salsa
Breakfast potatoes	Garlic bread	Black beans
Boiled Eggs	Steamed Broccoli	Rice
Oatmeal	Salad Bar	Corn Chips
Cold cereal	Brownie	Grapes
Milk		

Refund Policy

A “no show” is defined as by someone who simply does not come to camp and gives no notice. Refunds for a “no show” will be granted only in case of medical emergency, otherwise, a \$250 of the tuition will not be reimbursed. For cancelations within 1 week period or less, \$175 will not be refunded. If your child is a stay over camper, the \$25 Laundry fee (if paid for) will be deemed as refundable. If by any means you need to cancel your reservation, please contact us!

Campership Fund

Because “kids come first” at Camp Akita, we believe that no child should be turned away because of finances. Our Campership Fund, made possible through the generosity of friends of Camp Akita, is available to any family with financial need. Thank you for investing in young people. For those seeking Campership Fund assistance, call to apply early as funds are limited. Donations to this fund are greatly appreciated all year long.

Camper Daily Schedule

A typical day follows the sample schedule below. Campers attend activities as a cabin during Cub Camp, and have an adjusted schedule for an earlier bedtime and rest periods.

7:00 am	Reveille and Clean-up
7:50 am	Line Call – Flag Raising
8:00 am	Breakfast
9:25 am	Camp Council
10:05 -11:05 am	1st Period
11:15 am -12:15 pm	2nd Period
12:30 pm	Line Call
12:40 -1:20 pm	Lunch
1:30 pm	Cabin Rest Period
2:25 pm	Wagon leaves
2:40 – 3:40 pm	3rd Period
3:50 – 4:50 pm	4th Period
5:00 pm	5th Period (chosen daily by the camper)
6:10 pm	Line Call -- Flag Lowering
6:20 pm	Supper
7:20 pm	Recreation
7:55 - 9:00 pm	Evening Camp Fire Program
10:00 pm	Lights Out in Cabins

**Thank you so much for your cooperation with this information. May God bless you
and thank you for entrusting us with your precious children!**

COVID-19 Intervention Protocols and Procedures

Prior to arriving to camp

Prior to arrival at camp, we do ask that you monitor your camper(s) for any COVID-19 symptoms prior to their onsite arrival. Please do not send your camper if he/she is experiencing any COVID 19 related symptoms. We also ask that you provide one clean mask for each day at camp, and a small bottle of hand sanitizer for each camper you send to camp. Camp Akita will provide an additional face covering upon arrival. During camp, should you have any questions, or discover the exposure of a camper, please contact the camp office immediately. In the event of exposure or possible exposure, the Camp Akita Summer Camp COVID-19 Intervention Protocols (see below) will be followed, and you will be notified in a timely manner.

Arrival/Check-in

This year our check in process has been modified. Please read carefully.

Checkpoint #1: Pine Lodge

- As you enter through the gates, you will be greeted by our Camp Staff stationed at Pine Lodge. There, you will be warmly welcomed, and given instructions about the rest of the check-in process. Here, we'll screen for any symptoms related to COVID 19 for everyone in the vehicle. Then, the Camp Staff will send you on to the next checkpoint.

Checkpoint #2: Pathfinder Pavilion (PFP)

- When vehicles arrive at the PFP, Camp Staff will show them where to park, and then proceed to point families to either the fast track (registration papers, payment, store money, all completed) or regular check-in line to complete the rest of the check-in process. All guests will be asked to remain socially distanced while they wait, using the markers on the ground. If unable to maintain social distance or using the restrooms, please wear a mask. Luggage will remain at the vehicle until cabin assignments have been given. Once cabins have been assigned, Camp Staff will help the camper(s) and the adult with them, take their luggage to the canopy corresponding with their cabin number.
- **If checking in with FastTrack:**
 - Campers and Parents will proceed directly to the Nurse. The nurse will walk them through the normal medical process, and from there will send them to receive their cabin assignment from the Boys and Girls Directors.

- **If checking in regularly:**
 - Campers and Parents will settle all things related to their reservation, and then be sent on to the Nurse. The nurse will walk them through the normal medical process, and from there will send them to receive their cabin assignment from the Boys and Girls Directors.

Campers taking the bus TO Camp

Campers taking the bus to camp should arrive with their parent(s)/guardian(s) at their designated pick-up location, at the scheduled time. There they will be met by our Camp Akita Volunteers who will guide them through the pre-screening process before boarding the bus. They will be screened for COVID-19 symptoms, and have their temperature checked. If your camper exhibits one or more of the COVID-19 symptoms, they will be asked to stay behind until cleared by a negative COVID test. Campers will then be helped with their luggage, and then board the bus. All campers and staff boarding the bus must wear a face covering while onboard. Upon arrival at camp, they will be met by our Camp Staff, and guided through the rest of the check-in process.

Campers taking the bus FROM Camp

Campers taking the bus home will take their final symptom and temperature checks, and then bring their luggage to the Main Lodge before breakfast. After breakfast, the bus will arrive, and Campers will board and head home, accompanied by our designated Camp Staff. Upon arrival at their designated drop-off location, campers will be released to their parent(s)/guardian(s) or the person(s) authorized to pick them up.

Prevention

When they arrive, Campers will be instructed on hand washing procedures, how and when to wear face coverings, as well as physical distancing between them and others. They will also be instructed on the use of hand sanitizer in the cabins, cafeteria, activities, when hand washing is not possible. Other instructions will include: what to do if you need to cough or sneeze, procedures for temperature and symptom checks, and what to do if they are not feeling well.

Daily Screening

Each morning, Counselors will do temperature checks and symptom screenings for their cabin.

Cabin Procedures

This summer, campers will stay for all activities in cabin families. Cabin families are those staff and campers staying in the same cabin. Cabin family members do not need to wear masks when they are together without non-cabin family members nearby.

This enables us for better contact tracing, and limits exposure to other campers. They will remain in these cabin families for their stay at Camp Akita.

In cabins, beds will be arranged to have 6 feet between heads. Cabin capacities have been reduced to allow for better movement throughout the cabin. The campers will be encouraged to physically distance when in the cabin.

Hand sanitizer will be placed in each cabin, and the counselor will distribute it to campers whenever campers come in or out of the cabin. Cabins will be cleaned and sanitized daily.

COVID-19 Intervention Protocols

If a camper, at any time, does not feel well, they should let their Counselor and/or Activity leader know immediately. The Counselor and/or Activity Leader will then isolate the camper, and call for the nurse to come for evaluation. The Nurse will evaluate the Camper, wearing PPE, including gloves and an N95 mask, to determine if a COVID-19 test is needed. If a COVID-19 test is needed, parents/guardians will be contacted by the nurse, and the Camp will make those arrangements. The camper will continue in isolation until deemed not COVID-19. If a camper is found to be positive for COVID-19, their parent/guardian will be called to take them home, and they will continue in isolation until that parent/guardian arrives. All parents will be notified of a positive COVID-19 case, and all other campers will be required to return home.

Cleaning

At least twice a day, all touched surfaces (door knobs, chairs, tables, equipment, etc...) will be cleaned. Disinfectant spray bottles and paper towels will be stationed in every bathroom, cabin, building used, and at every activity area. Activity Leaders will also disinfect materials/equipment between each activity period as they prepare for a new group of campers.

Activities

This summer, campers will rotate through activities in cabin families. This enables us for better contact tracing, and limits exposure to other campers. They will remain in these cabin families for their stay at Camp Akita.

All Staff and campers will be encouraged and reminded to wash their hands regularly throughout the day, or use hand sanitizer if hand washing is not available. Activity

leaders will actively maintain distance between themselves and campers during their activity. Where a distance of 6 feet cannot be maintained, Activity leaders and campers will be asked to wear their masks.

As much as possible, activities will be held outdoors, and when meeting inside, masks will be worn if a minimum of 6 feet cannot be maintained.

Mask/face covering Wearing

Masks will be worn when a minimum of 6 feet cannot be maintained indoors or outdoors. Masks will not be necessary during certain times including when together as cabin family without any other person nearby, and for activities where distancing is natural (e.g. horseback riding, mountain biking, swimming, rock climbing, etc.). We recommend a clean mask for each day of camp.